MEAL PLAN

august

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Southwest Chicken Casserole
2 Big Mac Sloppy Joes	3 Peach Burrata Salad	4 Sloppy Joe Casserole	5 Bacon Wrapped Chicken Thighs	6 Butter Chicken w/ Naan	7 Smothered Pork Chops	8 Orzo Pasta Salad
9 Costco Chicken Meatballs	10 Buttermilk Chicken Fingers	11 Honey Garlic Chicken WIngs	12 Neapolitan-Style Pizza from Store-Bought Dough	13 Skillet Cashew Chicken	14 Smoked Pork Butt	15 Instant Pot Velveeta Mac n Cheese
16 Stuffed Bell Peppers	17 Marinated Flank Steak	18 Slow Cooker Chicken Spaghetti	19 Sweet Potato and Tempeh Pitas	20 Slow Cooker Italian Beef Sandwich	21 Black Bean Sweet Potato Tacos	22 Tomato Frittata w/ Corn and Basil
23 Chicken Thighs w/ Honey 30 Big Mac Tacos	24 Air Fryer Shrimp 31 Pretzel Dogs	25 Cilantro Lime Chicken Marinade	26 Air Fryer Shredded Chicken	27 Spinach Artichoke Chicken	28 Sheet Pan Steak Fajitas	29 Roasted Okra Tacos w/ Cucumber Pico