MEAL PLAN

june

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Instant Pot Pork Tenderloin	2 Garlic Parmesan Chicken Skewers	3 Beef Pad Thai	4 Braised Pork Ribs	5 Diavola Pizza w/ Hot Honey Drizzle	6 Pesto Butter Salmon
7 Red Lentil Curry	8 Loaded Tater Tots	9 Turkey Meatball Casserole	10 Ahi Tuna Tacos w/ Mango Papaya Salsa	11 Slow Cooker BBQ Beef	12 Smashburger Recipe	13 Lemon Ricotta Pasta
14 Tomato Basil Chicken	15 Barbecue Ranch Chicken Salad	16 Italian Sausage and Broccoli Pasta	17 Croissant Chicken Salad	18 Black Bean Tostadas w/ Mango Guacamole	19 Garlic Butter Steak Bites	20 Veggie Sushi Bowl w/ Tofu and Spicy Mayo
21 Taco Hamburger Helper	22 Chicken Crunchwrap	23 Crispy Tempeh Vermicelli Bowls	24 Smoked Chicken Thighs	25 American Flag Board w/Burgers and Hot Dogs	26 Tequila Lime Chicken	27 Grilled Tri Tip
28 Dill Pasta Salad	29 Ribeye Steak Sandwich	30 Air Fryer Chicken Fajita Bowl				