

MEAL PLAN

december

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <u>Poor Man's Prime Rib</u>	2 <u>Chicken Broccoli and Rice Casserole</u>	3 <u>Slow Cooker Beef and Pinto Beans Chili</u>	4 <u>One Pot Orzo w/ Broccoli and Butter Beans</u>	5 <u>Steak Bites</u>
6 <u>Peppercorn Chicken Bake</u>	7 <u>Slow Cooker Beef Stew</u>	8 <u>Slow Cooker Italian Beef</u>	9 <u>Blackened Salmon Caesar Salad</u>	10 <u>Cajun Sausage and Bean Soup</u>	11 <u>Taco Cornbread Casserole</u>	12 <u>Herb Roasted Chicken</u>
13 <u>Glazed Ham w/ Roasted Carrots</u>	14 <u>Bacon Breakfast Casserole</u>	15 <u>Orzo Soup w/ Butternut and White Beans</u>	16 <u>Swedish Meatballs w/ Frozen Meatballs</u>	17 <u>One Pot Chicken Corn Chowder</u>	18 <u>Air Fryer Mississippi Quesadillas</u>	19 <u>Honey Garlic Chicken Thighs</u>
20 <u>Chicken & Feta Meatballs</u>	21 <u>Herb Butter Turkey</u>	22 <u>Honey Ham</u>	23 <u>Black Bean Enchilada Casserole</u>	24 <u>Chicken and Dumplings Casserole</u>	25 <u>One Pot Kidney Bean & Beef Chili</u>	26 <u>Ham Salad</u>
27 <u>Slow Cooker Beef and Broccoli</u>	28 <u>Turkey Melt Sandwich</u>	29 <u>Twice Baked Mashed Potatoes Air Fryer</u>	30 <u>Creamy Sausage Tortellini Soup</u>	31 <u>Chicken Burrito Skillet</u>		

[illegible]