MEAL PLAN

march

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Louisiana Dirty Rice	2 Spaghetti and Hot Dogs	3 Grilled Greek Chicken Wraps	4 Easy Lemon Ricotta Pasta	5 Air Fryer Chicken & Veggies	6 Corned Beef and Cabbage	7 Chicken Tacos w/ Salsa Verde
8 Orange Zest Chicken Thighs	9 Spiced Red Lentil Stew with Ginger	10 Cottage Pie	11 Sweet Potato Skillet	12 Buffalo Chicken Pasta	13 One Pot Lemon Orzo with Peas & Asparagus	14 Parmesan Pork Loin
15 Chicken and Broccoli Alfredo	16 Oven Baked Shrimp Skewers	17 Caesar Dressing Chicken	18 Slow Cooker Lamb Stew	19 Honey Glazed Chicken Thighs	20 One-Pot Taco Pasta	21 Roasted Red Pepper Soup w/ Gouda
22 Slow Cooker Beef and Broccoli	23 Crispy Black Bean Sweet Potato Tacos	24 Sheet Pan Shrimp and Sausage	25 Crockpot Southwest Chicken and Rice	26 Chicken and Veggie Sheet Pan w/ Cashew Pesto	27 Honey Ham	28 Poor Man's Prime Rib
29 Cottage Pie with Cheese	30 Ham and Swiss Sliders	31 Crockpot Ravioli Meatball Casserole				